

Make Hand Sanitizer Gel Spray And Face Covering In Mins



With the recent outbreak of the coronavirus, it's more important than ever to take steps to protect yourself from germs. One of the best ways to do this is

to wash your hands frequently and use hand sanitizer. You can also wear a face covering to help prevent the spread of germs.



DIY hand sanitizers and face masks : Make hand sanitizer (gel & spray) and face covering in 5 mins

★★★★★ 5 out of 5

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If you're looking for a quick and easy way to make your own hand sanitizer gel spray and face covering, this article is for you. We'll provide step-by-step instructions on how to make both of these items using common household ingredients.

Make Hand Sanitizer Gel Spray

To make hand sanitizer gel spray, you will need the following ingredients:

- 2/3 cup of rubbing alcohol (70% or higher)
- 1/3 cup of aloe vera gel
- 10 drops of essential oil (optional)
- A spray bottle

Instructions:

1. Combine the rubbing alcohol and aloe vera gel in a spray bottle.
2. Add 10 drops of essential oil, if desired.
3. Shake well to combine.
4. To use, spray the hand sanitizer gel on your hands and rub together until dry.

Make Face Covering

To make a face covering, you will need the following materials:

- A piece of fabric (at least 6 inches wide by 9 inches long)
- Two elastic bands or hair ties

Instructions:

1. Fold the fabric in half lengthwise.
2. Sew the two short ends together.
3. Turn the fabric right side out.
4. Fold the top and bottom edges of the fabric down by about 1 inch and press.
5. Thread an elastic band or hair tie through each of the folded edges.
6. Adjust the elastic bands or hair ties so that the face covering fits snugly around your face.

Tips

- You can use any type of fabric to make a face covering, but cotton is a good choice because it is breathable and comfortable to wear.
- If you don't have any elastic bands or hair ties, you can use ribbon or string to tie the face covering around your head.
- You can add a filter to your face covering for extra protection. A coffee filter or a piece of gauze are good options.
- Wash your face covering frequently, especially if you're using it in public.

Making your own hand sanitizer gel spray and face covering is a quick and easy way to protect yourself from germs. By following the instructions in this article, you can make these items in minutes using common household ingredients.



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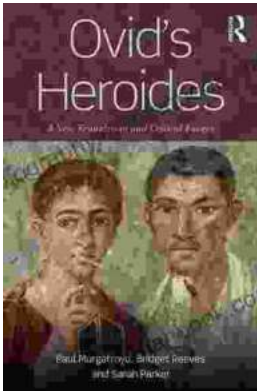
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